① How Social Media Platforms Influence Teenagers

From the moment the morning alarm sounds, digital notifications begin to shape a teenager's daily routine. According to recent surveys, a high percentage of students check their smartphones before even leaving bed. During the day—whether during class breaks, lunch time, or when studying alone at home—popular applications like Instagram and YouTube catch their focus all the time. Social media has truly transformed from a simple communication tool into an important part of teenagers' lives.

From educational and social angles, these digital platforms offer several advantages. They provide teens with quick access to global news, learning resources, and online communities. What's more, social media gives teenagers chances to show their creativity, keep long-distance friendships, and build a sense of belonging. For many quiet or shy students, the online space offers a comfortable environment to share thoughts and seek peer support.

On the other hand, overusing social media brings clear negative effects. Spending hours scrolling through feeds hurts students' attention

spans and breaks sleep patterns, leading to poor performance at school. Besides, constantly looking at carefully chosen photos can cause young people to feel unhappy about themselves. Serious issues like cyberbullying and the fear of missing out make teenagers stressed out easily.

Social media serves as a powerful tool in modern teenagers' culture. While it sets up wonderful chances for learning and connection, it can also lead to mental health challenges. To build a healthy digital lifestyle, teenagers must learn to set clear limits on screen time. After all, balancing online interaction with real-world relationships can be the key to a happier, healthier life.

② Follow the Traffic Rules, and You Can Prevent Accidents

Every morning, thousands of junior high school students begin their daily commute to school. Some walk along busy streets, while others ride bicycles or scooter rear-seats with their parents. The roads are filled with cars, buses, and hurried pedestrians. After a long day of study, these same crowded scenes repeat on the way home. Because traffic is so busy during these hours, developing good habits and following road regulations is important for everyone's safety.

First, if you ride a bicycle to school, safety starts with proper preparation. Always wear a helmet before setting off. It protects your head in case of a sudden fall or crash. When riding, remember to yield to pedestrians on sidewalks and crosswalks. Never run red lights or try to rush through yellow lights because it’s too dangerous.

Second, if you walk to school, keep your eyes on the road. Many students like to check their mobile phones or text friends while walking. Looking down at a screen keeps you from noticing things around you and delays your reaction to danger. Put your phone away and stay focused on the path ahead.

Third, be careful about heavy vehicles like large trucks and buses.

Never race against or try to pass a large vehicle. Big trucks have blind spots where drivers simply cannot see smaller bikes or pedestrians. Moreover, when a truck turns, its rear wheels cut closer to the curb than the front ones. Staying far away from large vehicles is a smart way to stay alive.

Road safety depends on our everyday choices. By riding carefully and walking carefully, we create a safer environment for ourselves and others. Always follow the traffic rules, and you can probably prevent accidents and protect your life.

③ A Dream of Flying Cars Finally Comes True

For a long time, people dreamed of flying cars in science movies. Today, this dream is finally coming true. Elon Musk and his company, Tesla, are working on a new car called the Roadster. This is not just a regular electric car. Musk plans to add small rocket thrusters to it, allowing the car to float and fly short distances in the air.

The science behind this amazing vehicle comes from rocket technology. By using strong air power from special thrusters, the car can lift itself off the ground quickly. In simple terms, cold air comes out from high-pressure tanks with great speed. This powerful force pushes the light body of the car upward. However, creating a flying car was not easy. The team faced many hard challenges, including making strong batteries, keeping the car safe, and spending years testing new ideas.

The hard work behind the Roadster was full of failures and stressful moments. Engineers worked day and night to fix dangerous problems and lower the heavy weight of the car. During many test flights, parts broke down and software errors happened often. However, the team didn’t stop but analyzed every mistake. The engineers rebuilt the systems again and again. Elon Musk never gave up because he

believed that continuous trying leads to real success. Through endless effort, they turned an impossible idea into a working design.

In conclusion, the new Tesla Roadster is more than just a fast machine. It shows that human imagination and hard work can break traditional limits. This flying car opens a brand new door to future transportation and proves that our wildest dreams can really come true.